



Little Buddy Coasters

5" Reversible Coasters

Designed by: Vicki Ruebel

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Fabric Requirements:

1/4 yard white {background fabric}
Various scraps for applique {I used 12 different fabrics, 3
per coaster}
Various scraps for the back of each coaster {I used the
same fabrics I used for the applique}
{4} 2" x 30" strips for binding

*I haven't given exact amounts for fabric because you really only need bits and pieces for the applique and back of each coaster.

Other Supplies:

Rotary cutter and mat
Square up ruler
Steam a Seam or similar fusible web
1/4 yard Batting or insul-bright {you will need enough for eight 6" squares}
Applique pressing sheet {helpful but not required}
Scissors
Pencil
Thread for Applique

Cutting Directions:

White {background fabric} Cut {4} 6" squares

Cut {8} 6" squares of batting or insul-bright

Cut $\{4\}$ 2" x 30" strips for binding

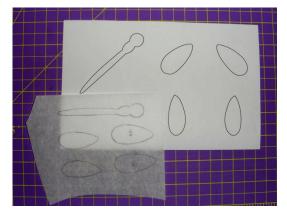
Specific cutting directions for the back of the coasters are provided later.

General Directions

All seams are 1/4" unless stated otherwise.

***Please note: When you print the applique templates, make sure the 1" square prints at the right size. Please double check the measurement before you start sewing. You may need to adjust your printer settings to reach this measurement.

Applique Directions

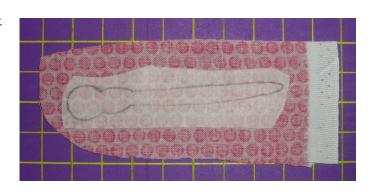


Begin by printing the applique templates for the bird, butterfly, ladybug and dragonfly.

Trace each template piece onto steam a seam or similar fusible web. A pencil works best for this job.

Cut the traced pieces apart so they can be ironed onto the appropriate fabric.

Iron each piece to the wrong side of the fabric, as pictured here. It's helpful to use an appliqué pressing sheet, but not required.





Cut out all the pieces. The dragonfly pieces are pictured here.

I arranged the pieces on the background squares and then ironed all of the pieces at once. I found that was best for me because I could make adjustments if I wasn't happy with the placement of my pieces.

You do NOT have to get your little guys perfectly centered in the squares. We will be trimming the squares to 5'' later. Just try to get them as close to centered as possible.

Dragonfly

Lay the dragonfly body in the middle of the square. I put my dragonfly on the diagonal. Then add his bottom wings and then the top wings. The top wings will overlap the bottom wings, see picture.

Iron the dragonfly to the square.



Butterfly







Figure 1

Figure 2

Figure 3

Place the bottom wings on the background square first, figure 1.

Then add the top wings. The top wings will overlap the bottom wings, see figure 2.

Finally add the butterfly body, figure 3.

Iron the Butterfly to the square.

Bírd

Place the bird's body on the square. Add his wing and beak.

Iron the Bird to the square.



Ladybug







Figure 3

Figure 1 Figure 2

Place the ladybug body on the square, figure 1.



To make the ladybug wings you need to cut each of the circles in half, figure 4.

Add the smallest wings, then the larger wings. The larger wings will overlap the small wings, figures 2 and 3.

Figure 4

Stitching the Applique Pieces

The applique pieces need to be stitched down after they are ironed to the background squares.

Place a 6" square of batting or insul-bright behind each fabric square BEFORE you applique. You will be stitching the squares to the batting as you applique. If you use insul-bright, the shiny side should be facing up.

You can see the shiny insul-bright is behind my bird. I will stitch them together as I applique the bird.



I used a straight stitch and stitched close to the edge of each piece. You could also use a zig zag or blanket stitch.





The butterfly, dragonfly and bird have a couple extra details. The butterfly and dragonfly need antennae. I used a disappearing ink pen and drew the antennae. Then I stitched them on.

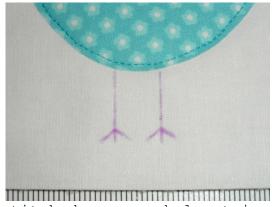






The little bird needs an eye and some legs. I stitched several times in the same place to create his eye.

Then I used the disappearing ink pen and drew his legs.



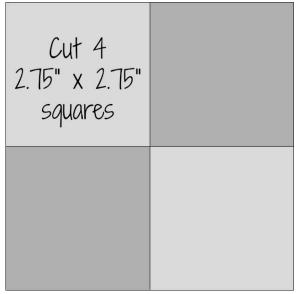


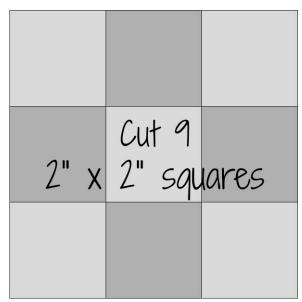
I stitched over each leg twice to make sure they stand out.

Making the Reverse side

Our awesome coasters will be reversible. Now we need to make the other side. I am including 8 options for the reverse side. You will only need to pick 4. Each diagram shows the layout and the cutting instructions. These are simple blocks that don't really require directions. You should be able to piece them by looking at the diagrams.

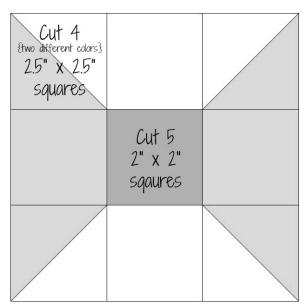
When making half square triangles, layer two different fabric squares, right sides together, draw a line down the center diagonally and stitch 1/4" from the line on each side. Cut the square apart on the drawn line and press open.



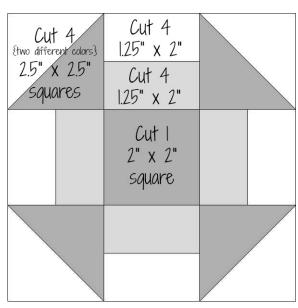


Four Patch

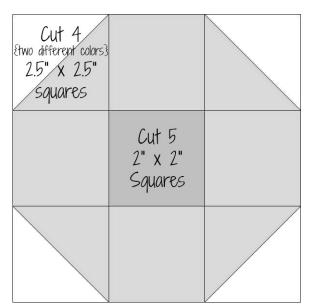
Nine Patch



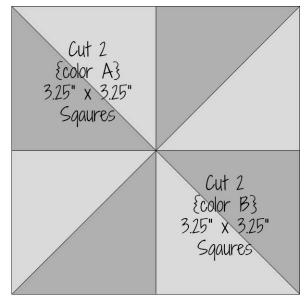
Bowtie ~ The half square triangles need to be trimmed to 2" before the block is pieced.



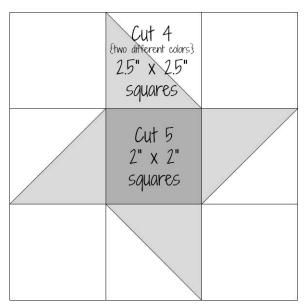
Churn Dash ~ The half square triangles need to be trimmed to 2" before the block is pieced.



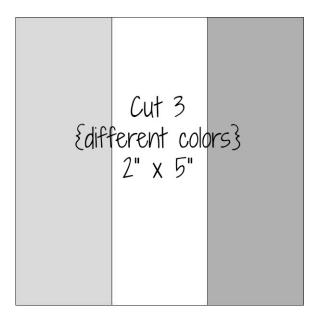
Donut ~ The half square triangles need to be trimmed to 2" before the block is pieced.



Pinwheel ~ The half square triangles need to be trimmed to 2.75" before the block is pieced.



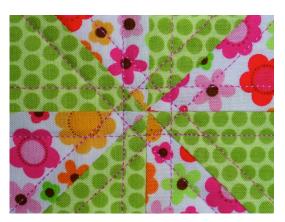
Spinning Star ~ The half square triangles need to be trimmed to 2" before the block is pieced.



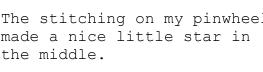
Stripes

Pick and make 4 blocks. Each block will finish at 5 inches. Now, it's time to stitch the blocks to the batting or insul-bright. Place a piece of batting or insul-bright behind each block and then stitch the block to the batting or insul-bright.

I stitched 1/4" on each side of my seams. You may stitch or quilt your block as you wish.



The stitching on my pinwheel



Trimming the Blocks



The applique squares and the blocks need to be trimmed to 5 inches before the coasters can be finished. Using a square up ruler center the appliques and then trim to 5 inches.

The excess batting or insulbright needs to be trimmed off the blocks. The blocks should measure 5 inches after trimmed.



There might be a couple places where the fabric pulls in and the batting or insul-bright shows. It will be ok as long as the batting or insul-bright doesn't stick out more than 1/4."

I had a few places where this happened but the binding covers it up.



Assembling the Coasters

Each coaster will have an applique square on one side and a block on the other side. Put the two squares wrong sides together, the right sides should be facing out. I pinned my coasters in 3 places so they wouldn't move around while I was attaching the binding.

Now it's time for binding. Each coaster will have a 2" \times 30" piece of binding sewn onto it.

It's best to start very close to a corner and leave a 3" tail, see picture. I also backstitched to secure the binding.



Work your way around the coaster just as you would on a quilt. I also backstitched when I got back to the first side. This just helps secure the binding while I join the two sides.



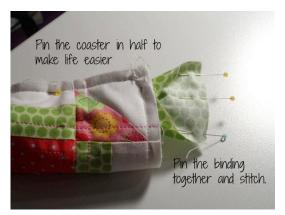
In this picture you cannot actually the stitches where I started. The folded corner covers them up.



The excess binding needs to be trimmed so the strips can be joined. Leave a 1/4" overlap when you trim.

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Open up the binding pieces and pin them right sides together.

It is very helpful to fold the coaster in half and pin it.

It's almost impossible to sew the binding if you don't fold the coaster and pin it.







Very carefully stitch the binding together using a 1/4" seam. Open up the coaster and the binding should be a perfect fit to the coaster. Finish stitching the binding to the coaster.

Fold the binding over to the other side and either hand stitch it in place or machine stitch it in place.

You now have 4 reversible coasters!

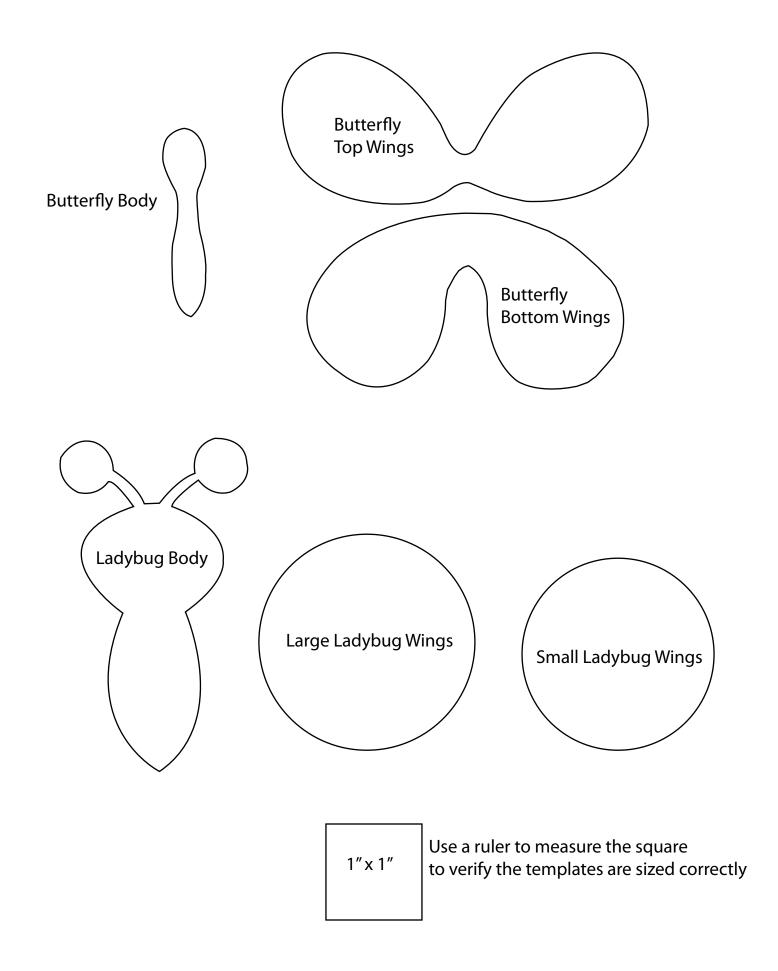




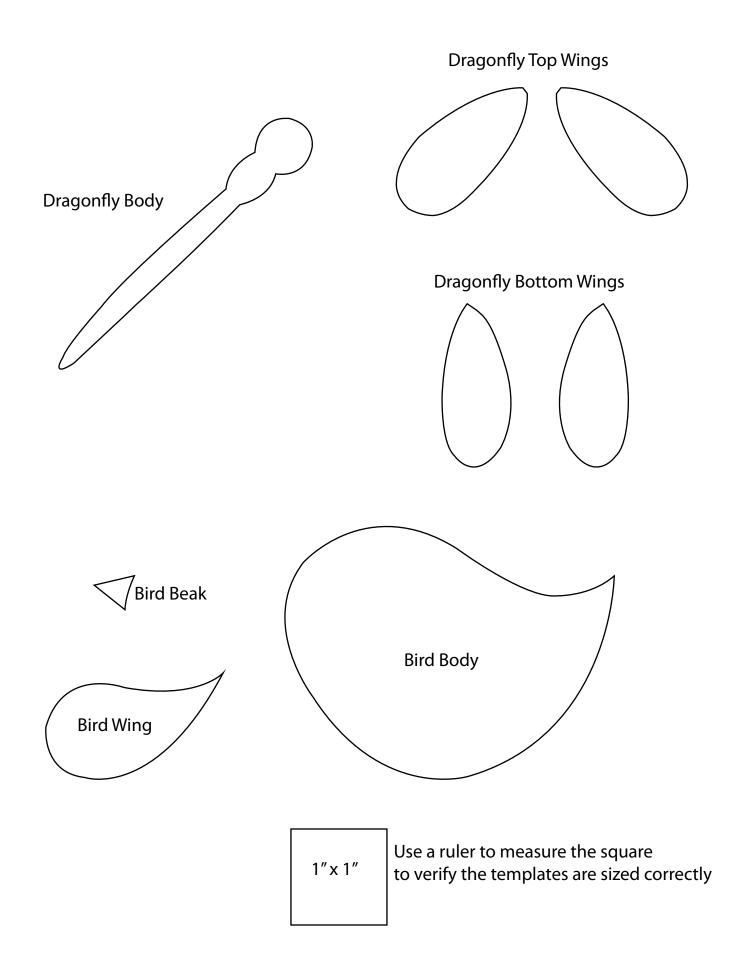
Please email me at QuiltingLodge@gmail.com if you have any questions about this pattern. Thanks so much!

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